

## KBEP

The KBEP is an evidence-based relationship violence prevention organization that was founded in 2001. Since its inception, KBEP has educated over 75,000 people with the delivery of its programs and workshops. Grounded in the best research available, KBEP uses age appropriate, skill based, curricula to provide students with the tools they need to develop, sustain, and promote healthy relationships.

KBEP Trainings provide professional development opportunities for those seeking to further their knowledge of relationship violence. This can include faculty, administrators, student leaders, at any school level. Each workshop will be tailored to best suit the needs of the participants. Participants will learn skills that can be integrated into their work to help foster a culture of respect, and to better respond to students in need of support. Participants will also receive resources that they can use to further support their students.

Knowing about safer and healthier relationships is not enough to have those ideas become habits. KBEP provides participants with the practical skills that are needed to develop and navigate healthier relationships-- a practice that is often overlooked in the dialogue on violence prevention and behavior change.



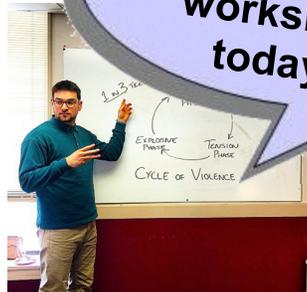
**KATIE BROWN**  
EDUCATIONAL PROGRAM  
Promotes Respectful Relationships by  
Teaching Relationship Violence Prevention

Each workshop  
is 2 hours.  
Workshops can  
be customized

"This is excellent and  
important work. Very  
valuable information for  
educators and parents.  
Thank you."



Reserve your  
workshop  
today!



## FIND US



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The Katie Brown Educational Program



Using a smartphone camera and QR  
code reader app, simply scan the QR  
code to view KBEP website

THE KATIE BROWN  
EDUCATIONAL PROGRAM PRESENTS

## Professional Development Training Catalog 2016-2017

Promotes Respectful  
Relationships by Teaching  
Relationship Violence  
Prevention



## Contact Us

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## TRAININGS

### Dating Violence 101: Warning Signs

#### Training Details:

What is relationship violence? How do I know if a student is in a violent relationship? Learn about the types of violence, power and control dynamic in relationships, understand the difficulties associated with leaving a violent relationship, how to help a student, and available resources within your community. Participants will have the opportunity to take part in interactive activities and engage in meaningful discussions.

### Sexual Violence 101

This interactive workshop is designed to provide participants with a greater knowledge of sexual violence, including legal definitions and statistics. Additionally, this workshop will examine forms of sexual violence that occur digitally. Participants will also receive helpful tips on talking to teens about consent.

### “Save the Drama for Your Mama, Not Your Teacher”

Let's face it, peer relationships are not perfect. Students face conflicts in their personal life that can interfere with their ability to focus and even lead to behavioral issues within the classroom. This workshop will introduce the four components of emotional intelligence—skills necessary in building and maintaining healthy relationships. Learn how to help your students navigate through feelings, such as anger or jealousy, de-escalation skills, and conflict resolution.

### LGBT + Understanding the LGBT+ Community

This workshop aims to provide a better understanding of the LGBT+ community. This includes information about the differences between sex, gender identity, gender expression, and sexual orientation. Disproportionate amounts of violence happen both to and within the LGBT+ community. Preventing the violence towards these communities relies on understanding and overcoming the stereotypes and biases associated with them.

### BROmoting Healthy Masculinity

From an early age, boys are bombarded with ideas about masculinity and the characteristics they must possess in order to be “a real man.” These ideas are not always positive, and predispose boys to dangerous behaviors, including substance abuse, self-harm, and acts of violence. This workshop aims to unpack the cultural influences that shape our ideas of masculinity, while also examining the variety of ways it hurts boys, as well as girls.

### Bullying & Cyber Violence

On any given day, 160,000 students will stay home in fear of being bullied. For many, the bullying occurs on a daily basis. Living in an age of technology, bullying is often inescapable through use of social media sites and texting. Participants will learn how to identify different forms of bullying including smaller micro-aggressions that tend to go under the radar. Participants will receive tips on talking to kids about bullying, cyber safety & reporting, how to help a student who is being bullied, and prevention strategies.