

RSVP

The KBEP is an evidence-based relationship violence prevention organization that was founded in 2001. Since its inception, KBEP has educated over 70,000 people with the delivery of its programs and workshops. The KBEP's newest RSVP Program is designed for students, staff, and administrators at the university level. These trainings deliver comprehensive overviews on topics such as: healthy relationships, dating violence, and sexual assault on campus.

RSVP is a promising and supported program that, in compliance with the best practices and recommendations of NotAlone.gov, uses an ecological approach to change the attitudes and behaviors of participants in order to replace a culture of violence, assault, and victim-blaming with a culture of respect and nonviolence.

Knowing about safer and healthier relationships is not enough to have those ideas become habits. RSVP provides participants with the practical skills that are needed to develop and navigate healthier relationships-- a practice that is often overlooked in the dialogue on violence prevention and behavior change.



RELATIONSHIP & SEXUAL
VIOLENCE PREVENTION
An Initiative of the Katie
Brown Educational Program

Each workshop is 1 hour.
Workshops can be customized

"The thing I liked best about the program was that it taught me about how to recognize violence and now I can help and prevent myself or others I know from violent relationships."



Reserve your right to safe and healthy relationships today!



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The Katie Brown Educational Program



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The Katie Brown Educational Program



Using a smartphone camera and QR code reader app, simply scan the QR code to view KBEP website

THE KATIE BROWN
EDUCATIONAL PROGRAM PRESENTS

RSVP Training Catalog

Relationship and Sexual
Violence Prevention
Program



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TRAININGS

Dating Violence 101: Warning Signs

What is relationship violence? How do I know if I am in a violent relationship? Learn about the types of violence, power and control dynamic in relationships, understand the difficulties associated with leaving a violent relationship, how to help a friend, and available resources within your community. Participants will have the opportunity to take part in interactive activities and engage in meaningful discussions.

Sexual Violence 101

This interactive workshop is designed to provide participants with greater knowledge about sexual assault on college campuses, including definitions and statistics. This workshop also examines the pervasive rape culture of today's society, how it negatively affects survivors of sexual assault, and how it can be combated.

"NO, YOU SHUT UP!" Healthy Skill Building For Relationships

Let's face it, no relationship is perfect. Every couple will have their ups and downs, but it is how the conflicts are handled that will determine whether a relationship is healthy or unhealthy. This workshop will introduce the four essential components of emotional intelligence—skills necessary in building and maintaining healthy relationships. Learn how to navigate through feelings, such as anger or jealousy, de-escalation skills, and conflict resolution.

LGBT + Understanding the LGBT+ Community

This workshop aims to provide a better understanding of the LGBT+ community. This includes information about the differences between sex, gender identity, gender expression, and sexual orientation. Disproportionate amounts of violence happen both to and within the LGBT+ community. Preventing the violence towards these communities relies on understanding and overcoming the stereotypes and biases associated with them.

BROmoting Healthy Masculinity

From an early age, men are bombarded with ideas about masculinity and the characteristics they must possess in order to be "a real man." These ideas are not always positive, and predispose men to dangerous behaviors, including substance abuse, self-harm, and acts of violence. This workshop aims to unpack the cultural influences that shape our ideas of masculinity, as well as examine the variety of ways it hurts men, as well as women.

Train-the-Trainers

RSVP Train-the-Trainers can be offered to members of the college community who are in leadership positions. This can include faculty, administrators, student leaders, and resident assistants. Each workshop is tailored to best suit the needs of the participants. Participants will learn skills that can be integrated into their work to help foster a culture of respect, and to better respond to students in need of support. Participants will also receive a toolkit that they can use to further support their students.